

JOINTLY  
ORGANISED BY



LEARNING *for* CHANGE AND INNOVATION

**WORLD CONGRESS**

7-9 NOVEMBER 2016 ADELAIDE, SOUTH AUSTRALIA

**CONGRESS SUPPORTERS**



the practical business school



# View of Action Research Based Education and Research Program Development from a Cognitive Science – Developmental Perspective

Associate Professor Juhani Tuovinen  
GCWAL/AIB



# How does Action Research connect with Cognitive Science in Education?

**Researcher:** John Sweller

**Problem:** Learning and Problem Solving

**Context:** School learning

**Outcome:** Cognitive Load Theory (CLT)

**Researcher:** Selva Abraham

**Problem:** Organisational learning for change and development

**Context:** Organisational consultancy/Management development

**Outcome:** Work-Applied Learning (WAL)

## Sweller – CLT

Limited Working Memory (WM)

- Need to ensure learning does not overload WM
- Numerous empirically validated learning effects
- Overarching learning perspective (evolutionary perspective)

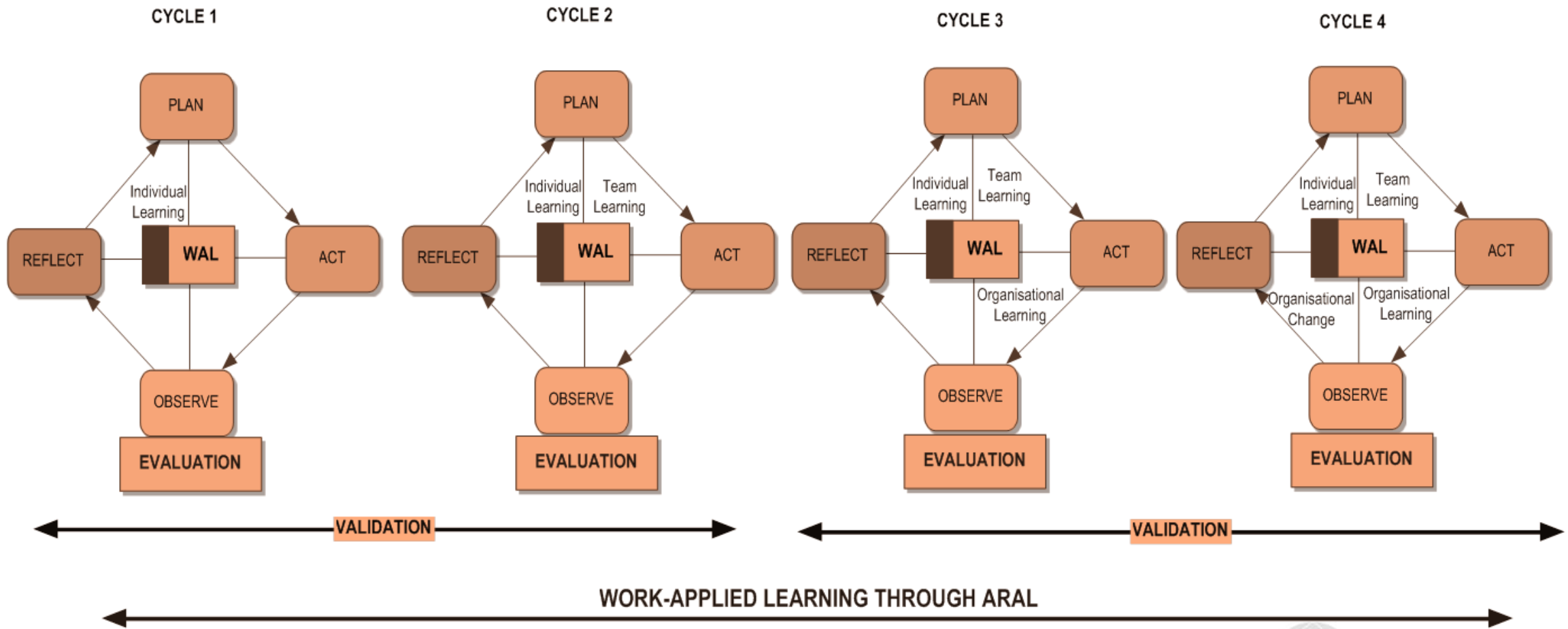
## Abraham – WAL

- Focus: Organisational Learning, Development & Change
- Importance of workplace as key context for learning & change
- Purpose: Enable managers to learn & introduce change via Action Research cycles + Action Learning

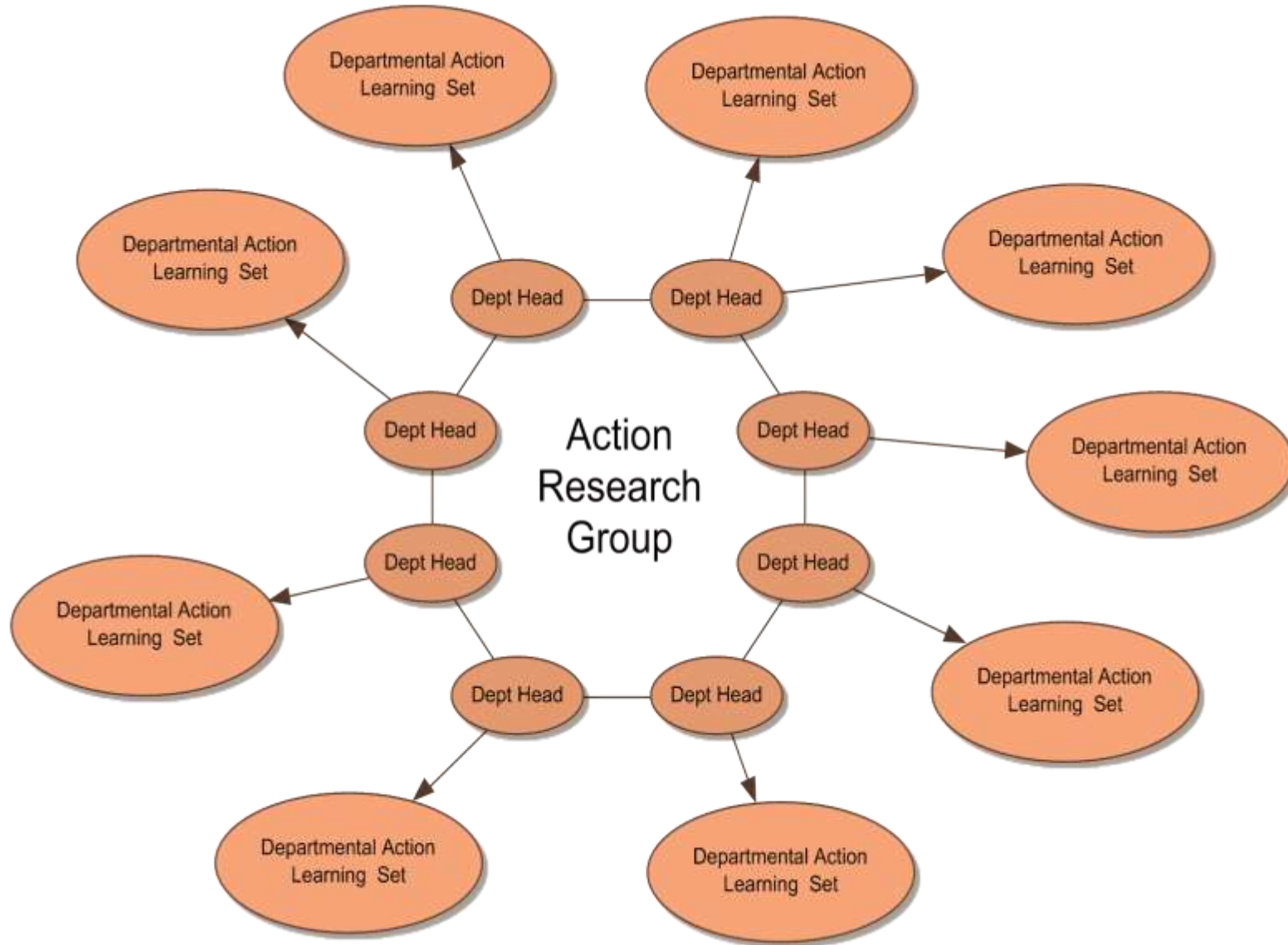
# Cognitive Load Effects

Cognitive Load Effect	Key References
<b>Worked-Example</b>	(Renkl, 2005)
<b>Completion</b>	(Paas & van Merriënboer, 1994)
<b>Split-Attention</b>	(Ayres & Sweller, 2005)
<b>Modality</b>	(Low & Sweller, 2005)
<b>Redundancy</b>	(Sweller, 2005)
<b>Expertise reversal</b>	(Kalyuga, 2005)
<b>Guidance fading</b>	(Renkl, 2005)
<b>Goal-Free</b>	(Paas, Camp & Rikers, 2001)
<b>Element interactivity</b>	(Sweller, 1994)
<b>Isolated/interacting elements</b>	(Pollock, Chandler & Sweller, 2002)
<b>Variable Examples</b>	(Paas & Van Merriënboer, 1994)
<b>Imagination</b>	(Leahy & Sweller, 2004)

# WAL through AR cycles



# AR groups – AL Sets





# WAL Process Components

- Action Research group meetings
- Knowledge workshops
- Work-Based activities
- Collaborative planning
- Acting
- Observation
- Reflection
- Monitoring
- Evaluation
- Validation

## Sweller – CLT

- Problem solving – poor way of learning
- Alternative methods developed e.g. use of worked-examples, goal-free problem solving method, etc
- New theory for empirically-founded learning – **Cognitive Load Theory (CLT)**

## Abraham – WAL

- Ineffective textbook-based organisational development
- Alternative methods found, e.g. Work-Based Learning (WBL), Action Research (AR), Action Learning (AL)
- Development of a new theory – **Work-Applied Learning (WAL)**

# Struggles

## Sweller – CLT

- Minimal support from research community
- Minimal support from university
- Struggle against accepted wisdom
- Activities needing research funding had to be found from outside own institution

## Abraham – WAL

- No university context or funding for development
- Private higher education development of organisational development program
- Accreditation of private provider program/organisation at undergraduate & postgraduate levels

# Triumphs

## Sweller – CLT

- International acceptance of CLT
- International research network developed
- International conferences

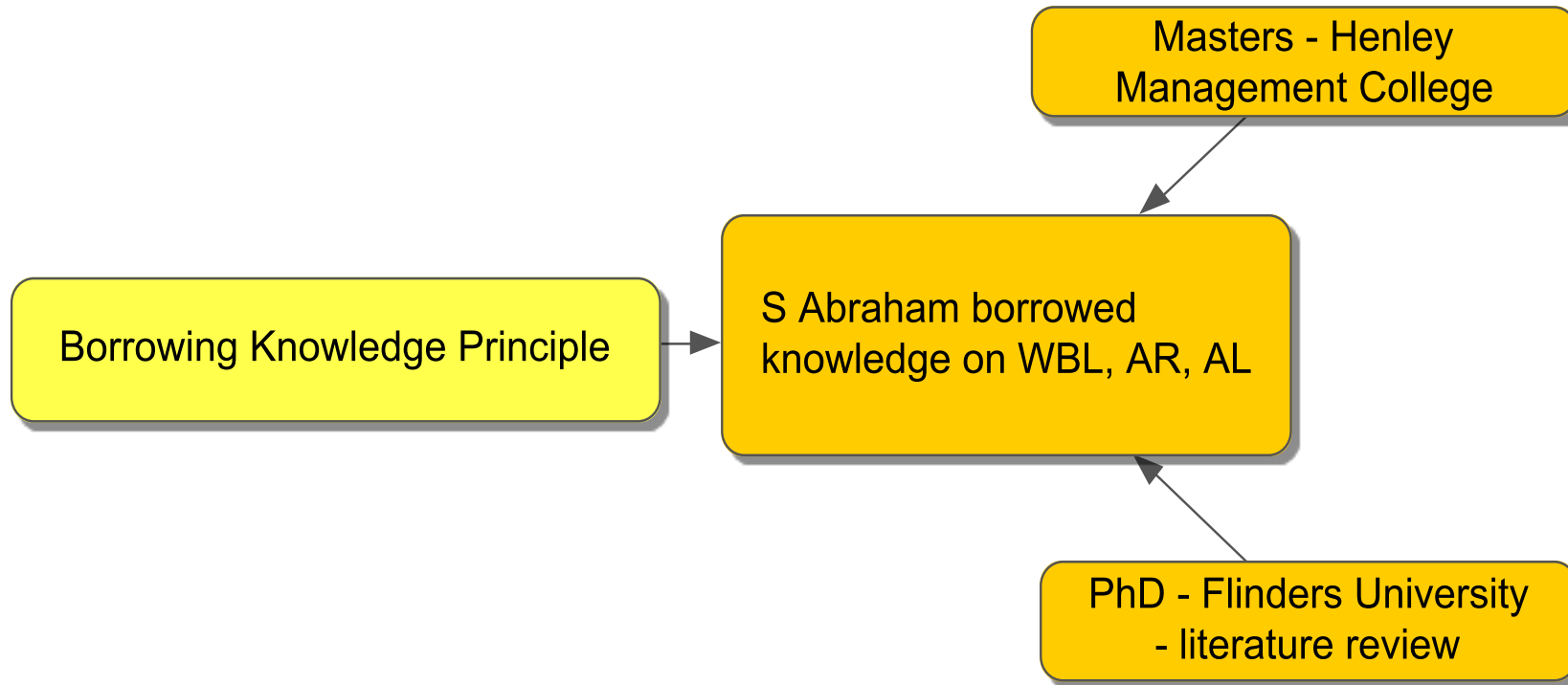
## Abraham – WAL

- Strong management development program established
- Accredited degree programs – using WAL principles
- Private HE institution developed
- Largest MBA program in Australia

# Connections #1

## Sweller – CLT

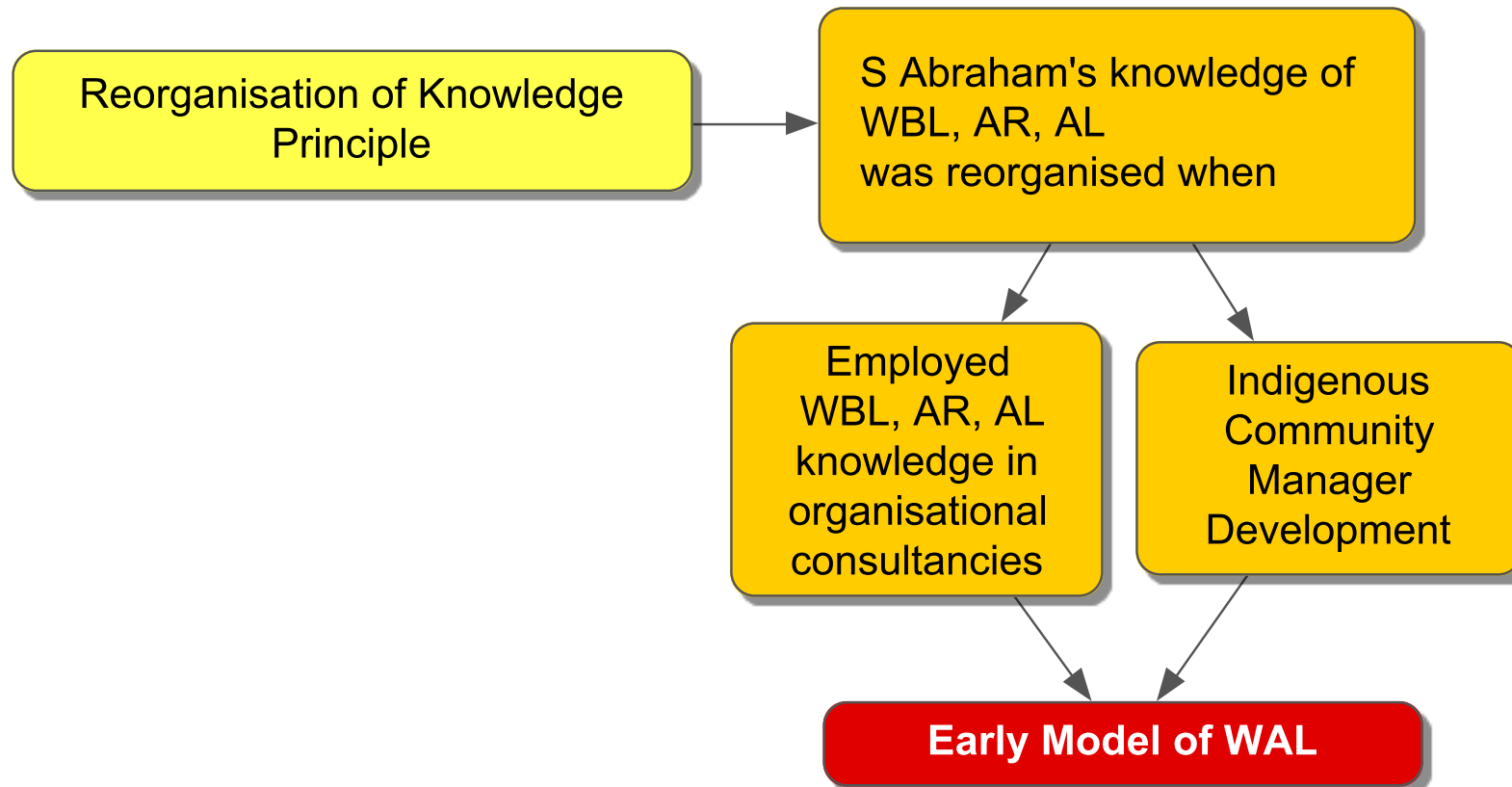
## Abraham – WAL



# Connections #2

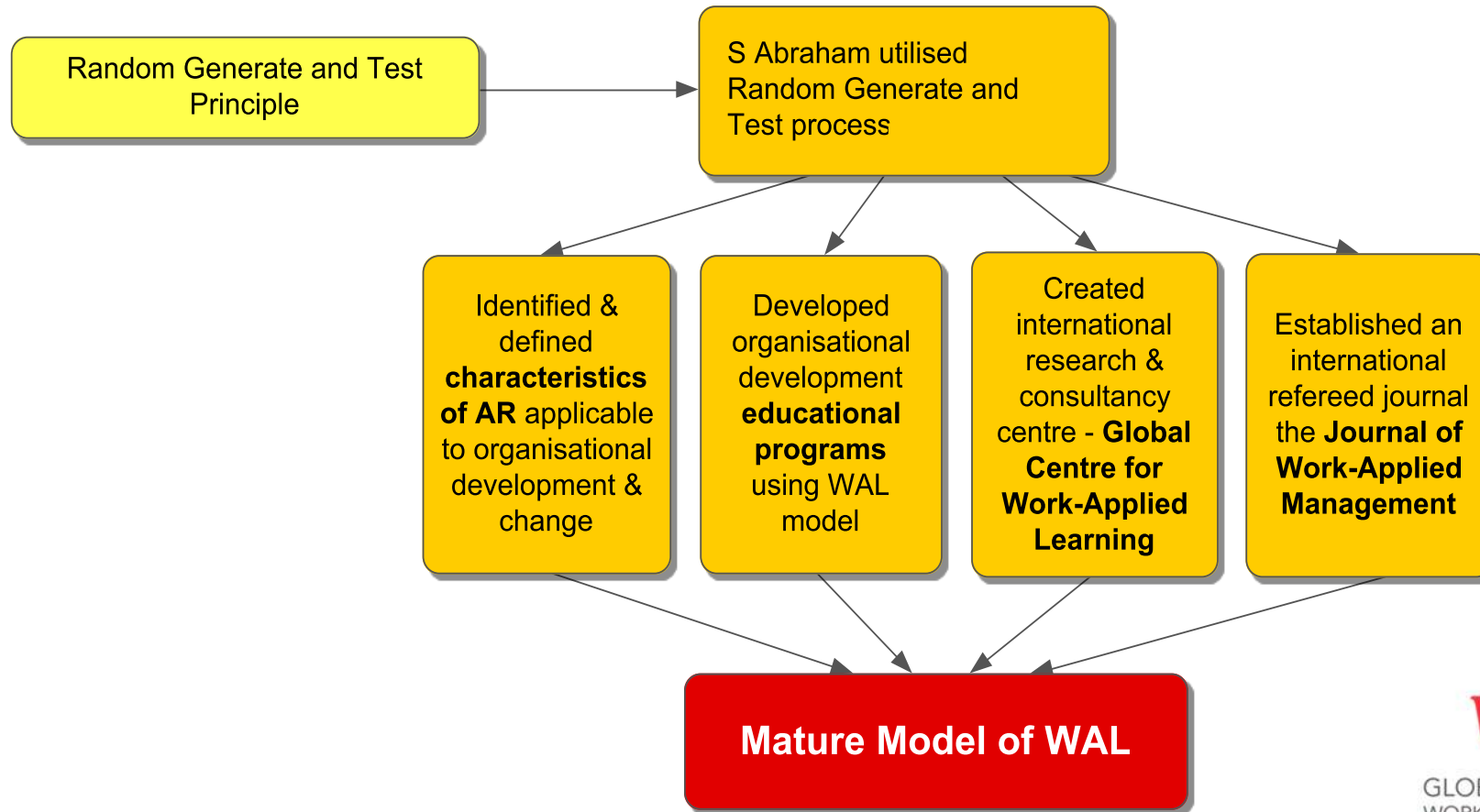
## Sweller – CLT

## Abraham – WAL



## Sweller – CLT

## Abraham – WAL



# Conceptual Educational Insights #1

## BORROWING KNOWLEDGE PRINCIPLE

- In conducting AR/WAL we need to borrow from more expert people, or via literature from distant experts, knowledge
  - about how to conduct AR/WAL effectively, and
  - obtain information via the AR/WAL process from other people.



# Conceptual Educational Insights #2

## REORGANISATION OF KNOWLEDGE PRINCIPLE

- An important part of AR/WAL is **reflective practice**, which enables us to **reorganise our knowledge** about AR/WAL and knowledge obtained via AR/WAL.
- Our understanding of AR/WAL and knowledge obtained via AR/WAL needs to be held in humility, always seeking to understand it better by reflective practice, and via AR/WAL seek to understand situation better as well as act on situations to improve them.

# Conceptual Educational Insights #3

## RANDOM GENERATE AND TEST PRINCIPLE

- The importance of the **random generate and test** principle, which may be seen as a form of **creative thinking**, but described more precisely in these terms, is the realisation that as we go beyond the existing knowledge, we do not know precisely how the creative ideas (**randomly generated moves**) will work out in practice until they are tried out (**tested**), but without making these 'random' moves nothing new, or worthwhile will be achieved.
- This is where AR/WAL fits the process so well, as in AR/WAL the situation is analysed, plans are developed (without a certain outcome, i.e. **random generation**), then they are implemented the effects are observed and we reflect on the observed outcomes (**testing stage**).

# References

Abraham, S. (2012). *Work-Applied Learning for Change*. Adelaide: AIB Publications.

Abraham, S. (2016). *Action Research Characteristics: In a Work-Applied Learning for Change Context*. Adelaide: WAL Publications.

Abraham, S. (2016). *Exploratory Action Research Research Method: a Case Study for Research Candidates and supervisors*. Adelaide: WAL Publications.

Clark, R., Nguyen, F., & Sweller, J. (2006). *Efficiency in learning*. San Francisco: Pfeiffer.

Tuovinen, J.E, Abraham, S., & Sweller, J. (2016). *Exploring synergies between research programs and postgraduate research degree programs*. QPR2016 Conference. Adelaide: QPR.

Sweller, J., Ayers, P., & Kalyuga, S. (2011). *Cognitive Load Theory*. NY: Springer.